

Consent and Release

The undersigned, on behalf of themselves and their participant minor child/athlete named above (hereinafter the "athlete"), participating in any sponsored activity, including but not limited to sporting and non-sporting activities and events, including transportation to and from such activity, hereby releases and holds harmless the South Florida HEAT, Inc. and, its affiliated clubs, their Coaches, Sport Season Coach(s), athletes, trainers, Athletic Director(s), administrators, directors, employees and agents, whether paid or volunteers, other volunteers or parents, any other paid employees or volunteer agents of the South Florida HEAT, Inc., member participants of the South Florida HEAT, Inc. and sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event (hereinafter collectively referred to as the "Releasees"),

- 1) From any and all liability for any mishap, injury or damage, including serious injury and death, to the athlete and the undersigned(s) from the time of departure to the time of return from any such activity, including any mishap, injury or damage resulting from or caused or alleged to be caused in whole or in part by the negligence of the Releasees.
- 2) From any mishap, injury or damage, including serious injury and death, to the athlete and the undersigned(s) resulting from the activity, mode of transportation, or the provider of any such transportation whether resulting from an accident or otherwise, including any mishap, injury, or damage resulting from or caused or alleged to be caused in whole or in part by the negligence of the Releasees.
- 3) From any loss, destruction, or damage to any personal property of the athlete or the undersigned, including any mishap, injury, or damage resulting from or caused or alleged to be caused in whole or in part by the negligence of the Releasees.
- 4) From any and all mishap, injury or damage, including serious injury and death, to the athlete and the undersigned(s), as described in the paragraphs above or which otherwise may occur, including any mishap, injury, or damage resulting from or caused or alleged to be caused in whole or in part by the negligence of the Releasees.

The undersigned(s) further agrees that any claim or dispute arising from or related to this agreement, including any mishap, injury, or damage resulting from or caused or alleged to be caused in whole or in part by the negligence of the Releasees, shall be settled by Christian mediation and, if necessary, legally binding Christian arbitration in accordance with the Rules of Procedure for Christian Conciliation of the Institute of Christian Conciliation. Judgment upon an arbitration award may be entered in any court otherwise having jurisdiction. The undersigned(s) understands that these methods shall be the sole remedy for any controversy or claim arising out this agreement, including any mishap, injury, or damage resulting from or caused or alleged to be caused in whole or in part by the negligence of the Releasees, and expressly waive their right to file a lawsuit in any civil court against the Releasees for such disputes, except to enforce any arbitration decision.

Waiver and Release of Liability

In consideration of the undersigned's athlete being allowed to participate in any way in the South Florida HEAT athletics/sports program, and any sponsored events and activities, the undersigned on behalf of the athlete,

- 1) Agrees that the parent(s) and/or legal guardian(s) of the athlete will instruct the athlete that prior to participating he or she should inspect the facilities and equipment to be used, and if the athlete believes anything is unsafe, he or she should immediately advise his or her coach or supervisor of such condition(s) and refuse to participate.
- 2) Acknowledges and fully understands that each athlete will be engaging in activities involving risk of serious injury, including permanent disability and death, and severe social and economic losses which might result, not only from their own actions, inactions, or negligence, but the action, inaction, and negligence of others, including that of the South Florida Heat or any other of the Releasees, or condition of the premises or any equipment used. Further, the undersigned acknowledges and fully understands that there may be other risks not known to the South Florida Heat or not reasonably foreseeable.
- 3) Assumes all the foregoing risks and accepts personal responsibility for the damages to themselves and the athlete following such injury, permanent total disability or death.
- 4) As acknowledged in the Consent and Release section above and this section, releases, waives, discharges and covenants not to sue the Releasees from any and all liability to the undersigned and the athlete, their heirs, administrators, estates, guardians, and next of kin, for any and all claims, demands, losses or damages on account of any loss or injury, including personal injury, death and damage to property, caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, arising out of any aspect of the athlete's participation in the South Florida HEAT athletics/sports program.

I HAVE READ THE ABOVE CONSENT AND RELEASE AND THE WAIVER AND RELEASE OF LIABILITY, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS INDIVIDUALLY AND ON BEHALF OF MY MINOR CHILD BY SIGNING IT, AND SIGN IT VOLUNTARILY.

Name of Athlete/Minor Participant (print) _____

Name of Parent/Guardian (print) _____

Parent/Guardian Relationship (print) _____

Signature of Parent/Guardian _____



The HEAT is not just about athletics. No, the HEAT is about how we carry ourselves, how our character develops, and about how we grow as leaders and citizens through serving others to make our community...our world better.

-SF HEAT Student-Athlete

Dear Families:

The South Florida HEAT (Home Education Athletic Teams) is an FHSAA accredited, 501 (3c) organization that was formed in 2004 to provide home-schooled athletes with an opportunity to compete in interscholastic sports. What began with 20 athletes competing in track and field has swelled to include more than 150 athletes competing on over a dozen teams in 9 different sports, band, and cheerleading.

While recognizing the unique gifts that kids gain from competitive team activities, we did not fully anticipate the social and spiritual growth of our athletes, their families, and our surrounding community. As HEAT families and alumni will attest, a few of the benefits of competitive team athletic s includes:

- Self-esteem
- Problem Solving
- Communication Skills
- Honor
- Conditioning
- Goals
- Dreams-to-action
- Ethics & Morals
- Collaboration
- Stewardship
- Personal Growth
- Teamwork
- Respect for Authority
- Sportsmanship
- Competitive Maturity
- Perseverance
- Reliability
- Accountability
- Trust
- Humility
- Discipline

Additionally, there are several important items for you to be aware of, including:

- Each student-athlete and their parent(s) are expected to review and sign acknowledgments pertaining to guidelines for both parent and student behavior regarding participation in HEAT activities.
- E-mail is a vital communication link and should be monitored frequently during the course of the day when your student-athlete is currently participating in a HEAT activity. We also respectfully request your prompt response to inquiries as many people, both within and outside of the HEAT, are typically relying on our timeliness.
- Our website is located at www.sfheat.org. You will find information about your sport season, latest HEAT News, Weekly Schedule, Monthly Calendar, Community Ministry & Development News, etc. The website will also have the updated Sport Direction Guide and Sport Schedules in case you need another copy of one of these. We do not put the Sport Family Rosters online. Most families find it convenient and necessary to keep a copy of this at home and in their car in case you need to make contact while in route.
- The Sport Family Roster is Confidential and is to be used only for contact purposes of individuals on the team. All emails that you would like to be sent to the team or HEAT family must be sent to either the Athletic Director or the Email Coordinator.

- We have also created a secure photo sharing site for an unlimited number of HEAT pictures. In addition to sharing, photos may be downloaded or printed off the site. The site may be accessed through www.sfheat.org.
- The HEAT student-athletes have also embarked on numerous community ministry activities as they apply leadership and citizenship lessons learned from competitive athletics toward improving our communities. Some of these activities, as well as contact information, are noted on our website.
- Lastly, we encourage you to search out volunteer opportunities within the HEAT so we can share this amazing ministry with many more as we watch our kids learn and grow. Please check our website or give me a call to discuss your interests and HEAT ministry needs.

We want to welcome you to the HEAT family with open arms. Whether parent or child, coach or competitor, we all grow as a result of being faithful stewards of this ministry.

Continued Blessings,
Bob Bemis
Coach/Athletic Director

Mission Statement



The mission of the SF HEAT is to provide a competitive team-based ministry to benefit our South Florida community at large.

Our goals include the development of competitive athletic and academic teams that will edify leadership and citizenship:

- Personal and team development with high ethics and sportsmanship;
- Victory and Defeat with honor, integrity, reliability, loyalty, respect for others, self-control, and encouragement for others; and
- A service ministry for community members through effective team work and leadership of our student-athletes.

The South Florida HEAT
3170 NW 68th Street
Fort Lauderdale, FL 33309
Phone 954-801-7507
www.sfheat.org

Student-Athlete Participation Guidelines



Dear Student-Athlete:

We are happy you have expressed a desire to participate in the athletic program of the South Florida HEAT. As a member of one of our athletic teams, you will have a unique opportunity to make lasting friendships, develop athletic skills, demonstrate sportsmanship (e.g., respectful of competitors & authorities, including coaches and officials, etc.), and learning the value of team philosophy (e.g., selflessness) while competing against student-athletes from other FHSAA accredited schools.

The South Florida HEAT coaches and Athletic Director are proud of our athletic program and the many contributions our student-athletes have made in building a strong sense of community. We expect each student-athlete will embrace the HEAT's tradition of outstanding sportsmanship, citizenship, and fair play by maintaining the highest standards of personal behavior. As a Christian athletic association our behavior and dress will be a positive representation to each other, our competitors, and our community. Further, athletes must remain in good standing academically in order to continue participation with the HEAT. With this in mind, student-athletes are expected to conduct themselves within the spirit and intent of the following guidelines:

In particular, team members will:

- Demonstrate outstanding competitive maturity including positive and uplifting communication both on and off the field/court. Bad language including profanity, taunting, sexual innuendos, and tearing down of teammates, opponents, or authority figures is unacceptable. Failure to meet this standard of behavior will result in disciplinary action up to and including dismissal from the team and possible all HEAT activities;
- Student-athletes will demonstrate an understanding that individual recognition and accomplishments are the result of teamwork;
- Maintain uncompromising respect for coaches, referees, and other authority figures. If you have problems or concerns, we encourage you to discuss them privately with your coach or athletic director;
- Respect and care for property and equipment, whether personal, teammates, team, or opponents and please note that student-athletes will be billed for all equipment or uniforms that are lost, damaged, or stolen;
- Attend all practices, contests, and team meetings, on a timely basis;
- Remain at practice until dismissed by the coach;
- With the exception of an emergency, student-athletes will request to be excused from practice or a contest at least 24-hours prior to that contest or practice that will be missed;
- Failure to attend a scheduled practice or contest without notifying your coach may result in student-athletes non-participation up to and including removal from the team;
- Verbal or physical displays of affection that are of a romantic or of a sexual nature are strictly forbidden;
- Unless otherwise instructed by your coach, student-athletes must wear HEAT practice shirts or t-shirts without any questionable slogans or graphics for practices and game uniforms for contests;
- Student-athlete use or possession of a controlled substance (alcoholic beverages, inhalants, illegal drugs, or steroids) may result in dismissal from the team and all HEAT activities;
- Abide by all FHSAA rules & requirements.

The SF HEAT is both excited and honored to have you joining our program. We welcome your inquiries as well as suggestions for how we can better serve home school athletes and their families.

Continued Blessings,
Bob Bemis
Coach/Athletic Director

Parent Guiding Principals



Dear HEAT Parents:

The role of the parent in the education, including education through athletics, of a student-athlete is vital and the HEAT coaches and organization are honored that you have chosen to allow us to be a part of your child's growth. The value system and support that is within the home enables the student-athlete to accept and flourish within the wonderful learning opportunities that are uniquely available through competitive team activities. As our programs and ministry through athletics continues to gain momentum, we want to take the opportunity to share with you some important parental responsibilities in assisting with the growth of our athletes.

Skill development, sportsmanship (e.g., respectful of competitors & authorities, including coaches and officials, etc), and team philosophy (e.g., selflessness) are the three critical goals of student-athlete growth at this level of competition. As important to these goals themselves, is the manner in which we as coaches and our parents teach and encourage these valuable lessons. With this in mind, below are some guiding principles in how parents are expected to conduct themselves:

- Realize that athletics are an important arena for learning and applying valuable life lessons – lessons that go well beyond the final score of a game;
- Encourage our student-athletes to perform their best within the context of sportsmanship and team;
- Allow your student-athlete's Coach to be "The Coach". You should not be coaching or directing any student-athletes including your own during competitive action. Direct any questions or concerns that you may have to your Athletic Director;
- Participate in positive cheers that encourage our student-athletes and discourage any cheers redirecting their focus;
- Learn, understand, and respect the rules of the game along with the officials who administer them. How we interact with officials: a) is life-lesson for the student-athlete, b) reflects on us as parents, c) reflects on the coaches, and d) reflects on the broader HEAT organization;
- While we hope that parents will enthusiastically cheer the kids, we expect our parents to conduct themselves honorably;
- Respect the task our coaches face as teachers and support them as they strive to educate our youth;
- Respect our opponents as student-athletes, acknowledge them for striving to do their best and treat them with courtesy; and
- Employ a sense of dignity under all circumstances.

The leadership role you take will positively influence your child, the HEAT, and our community for years to come.

Continued Blessings,
Bob Bemis
Coach/Athletic Director

SF HEAT Agreement Form



By signing this form we are acknowledging that our family has received, reviewed, and agree that we will abide by the principles stated in the Parent, Student-Athlete, and Family letters during our participation in the South Florida HEAT program.

Parent(s) Acknowledgement

As the parent(s) of _____, _____, _____,
_____, and _____, I agree to follow the Parent Guiding Principles.

_____ Parent Name (print)	_____ Parent Name (signature)	_____ Date
_____ Parent Name (print)	_____ Parent Name (signature)	_____ Date

Student-Athlete Acknowledgement

I agree to follow the Student-athlete Participation Guidelines that I have received and read.

_____ Athlete Name (print)	_____ Athlete Name (signature)	_____ Date
_____ Athlete Name (print)	_____ Athlete Name (signature)	_____ Date
_____ Athlete Name (print)	_____ Athlete Name (signature)	_____ Date
_____ Athlete Name (print)	_____ Athlete Name (signature)	_____ Date
_____ Athlete Name (print)	_____ Athlete Name (signature)	_____ Date

This form needs to be signed and submitted with your Registration Packet.